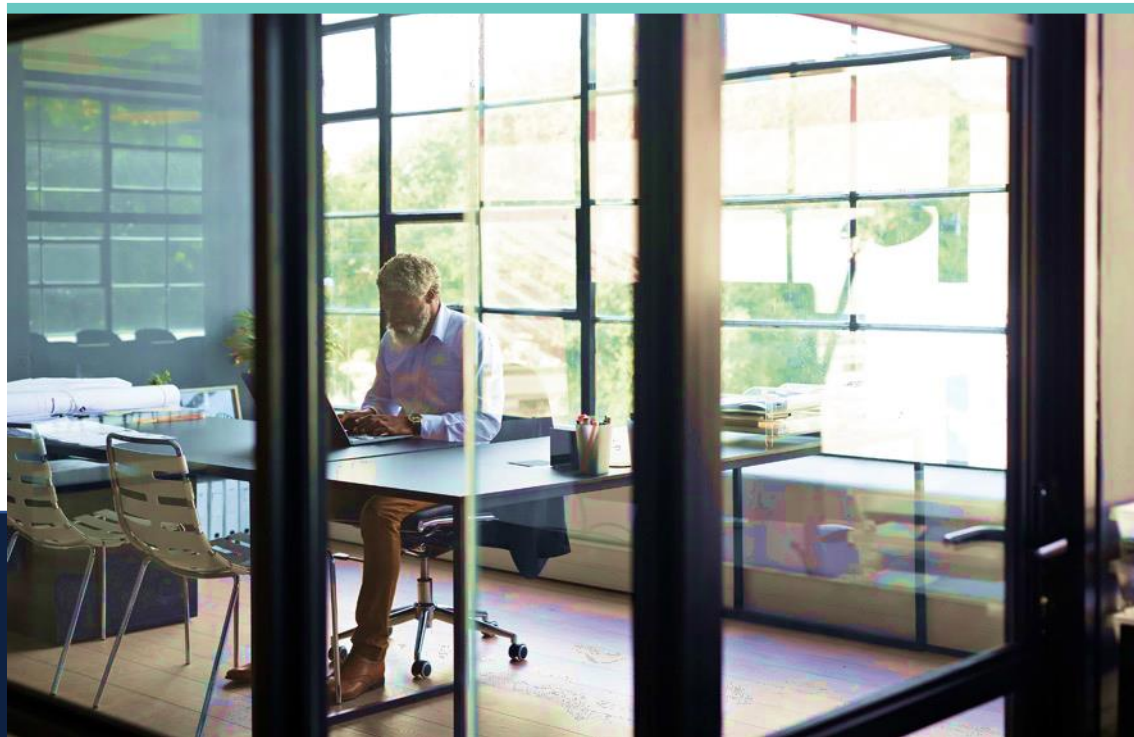# XDR TRENDS
IN HEALTHCARE

SUMMARY RESULTS

JUNE 2023

WHO DID WE SURVEY?

Between April and May 2023, Gatepoint Research invited selected executives to participate in a survey themed *XDR Trends in Healthcare*.

Candidates from several industries were invited via email and 100 executives have participated to date.

Management levels represented are all senior decision-makers: 63% hold the title CxO or are VPs, 28% are directors, and 9% are senior managers.

100% of responders participated voluntarily; none were engaged using telemarketing.

Summary Results | June 2023
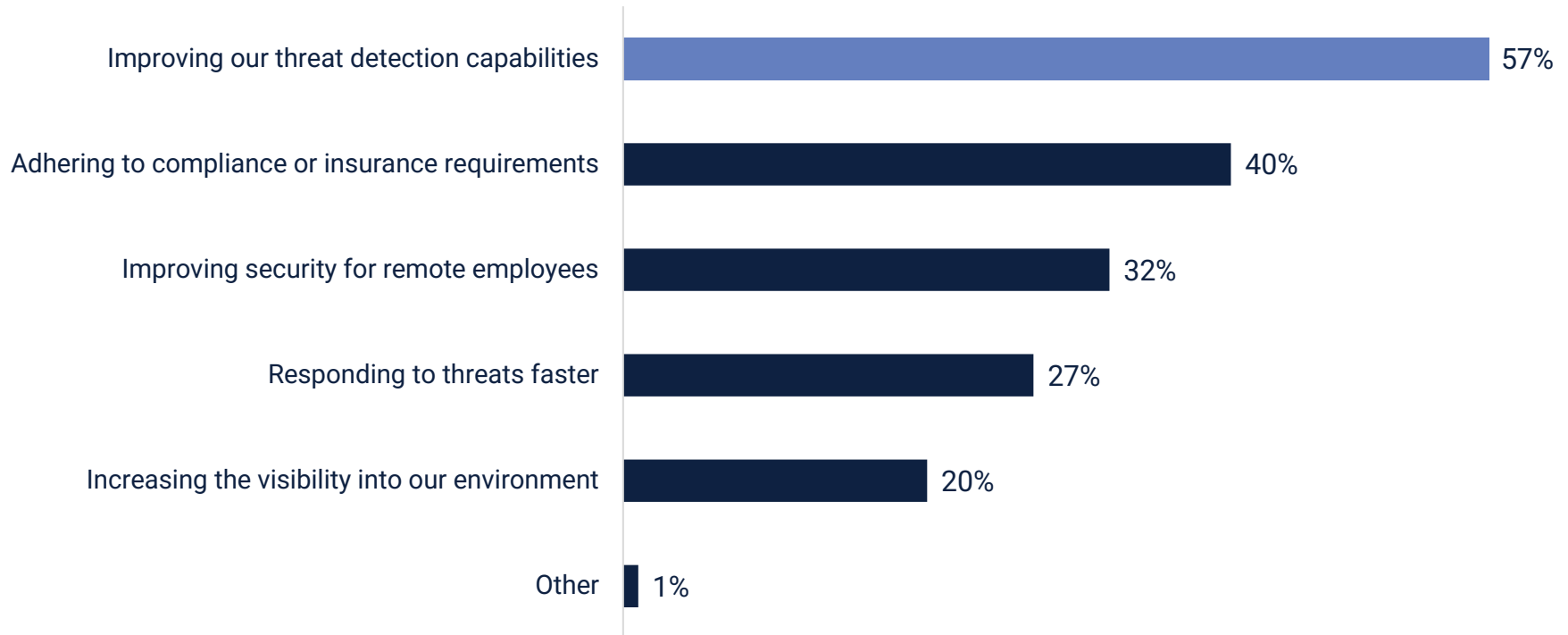
PULSE REPORT
GATEPOINT RESEARCH

EXECUTIVE SUMMARY

Security event data derived from firewalls, intrusion detection systems, and servers is essential, but tight cybersecurity also needs visibility and tools that integrate from all sources, aggregate, correlate, detect, and respond. Cyber criminals are rapidly becoming more sophisticated, and protection must keep pace, but IT and security leaders responding to this survey identify challenges to elevating their security posture: Only 45% have complete visibility into and beyond their core infrastructure. More than half face budget constraints and security staff shortages. Two thirds say automation in their security process would be an improvement, but what else would help strengthen their defenses?

This survey asks respondents to report:

• What are your top cybersecurity objectives this year?

• What are your top challenges managing cybersecurity?

• What do you need to add to feel more confident in your cybersecurity posture?
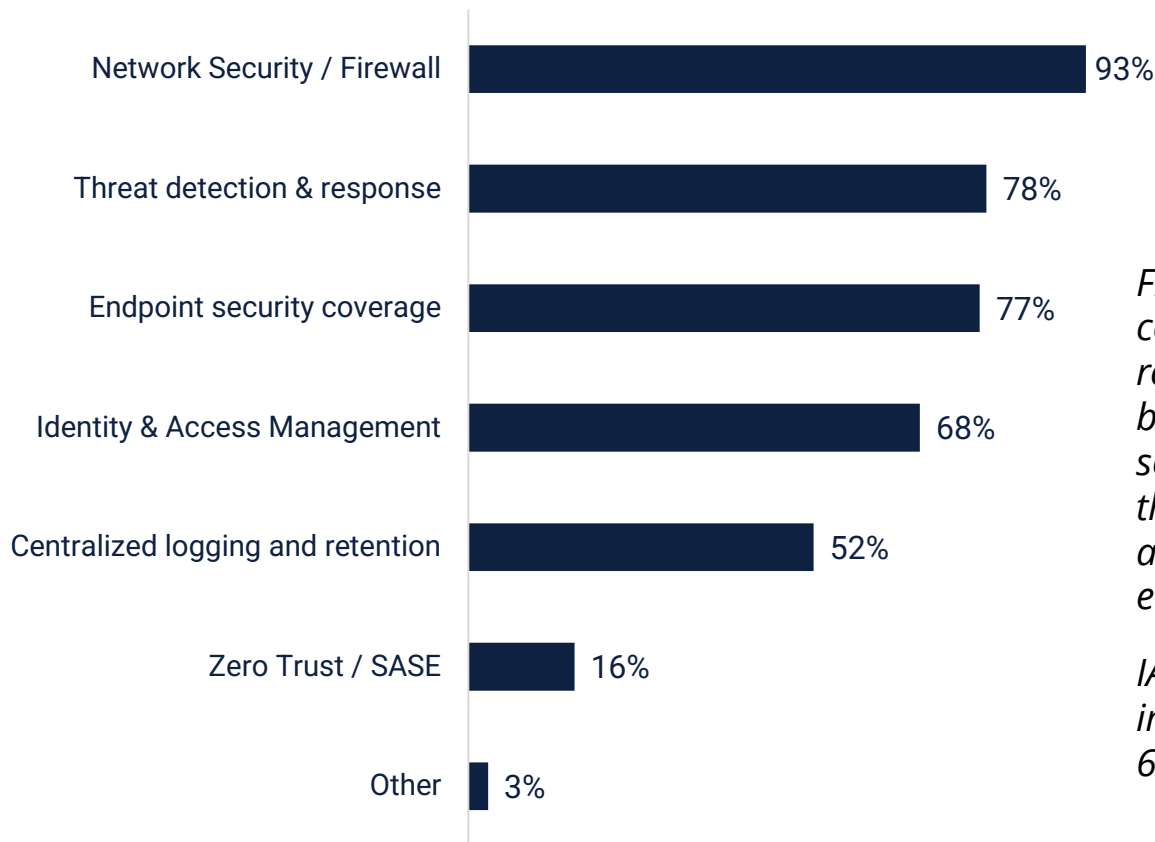
PULSE REPORT
GATEPOINT RESEARCH

What are your top cybersecurity objectives this year?

Objective	Percentage
Improving our threat detection capabilities	57%
Adhering to compliance or insurance requirements	40%
Improving security for remote employees	32%
Responding to threats faster	27%
Increasing the visibility into our environment	20%
Other	1%

The cybersecurity objective that tops the list for more than half of those responding to the survey is sharpening their ability to detect threats.

Compliance, remote worker security, threat response, and visibility round out the list.
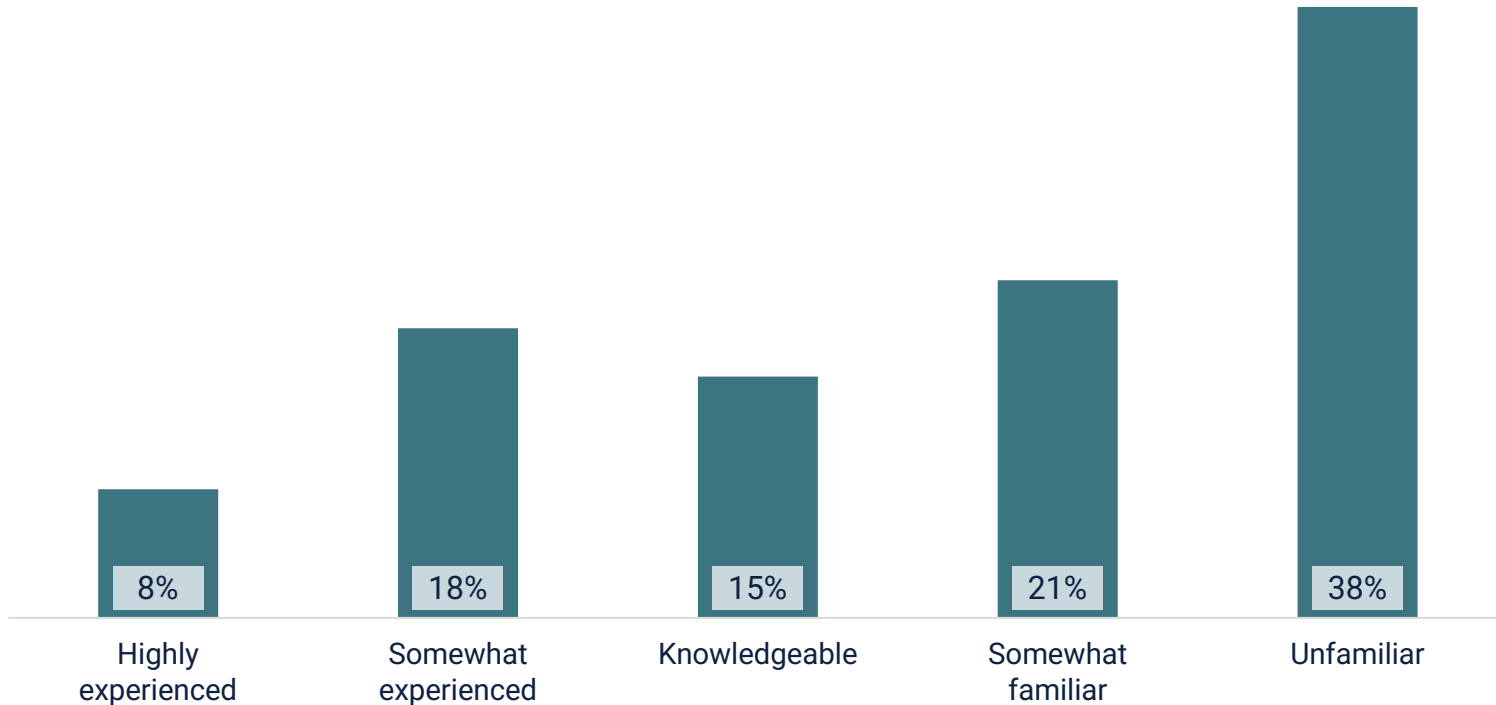
Summary Results | June 2023

PULSE REPORT
GATEPOINT RESEARCH

What type(s) of security solutions do you have in place?

Security Solution	Percentage
Network Security / Firewall	93%
Threat detection & response	78%
Endpoint security coverage	77%
Identity & Access Management	68%
Centralized logging and retention	52%
Zero Trust / SASE	16%
Other	3%

Firewalls are ubiquitous on company systems today—93% of respondents have one in place—but other more specific security solutions implemented by more than three fourths are detection and response systems and endpoint coverage.
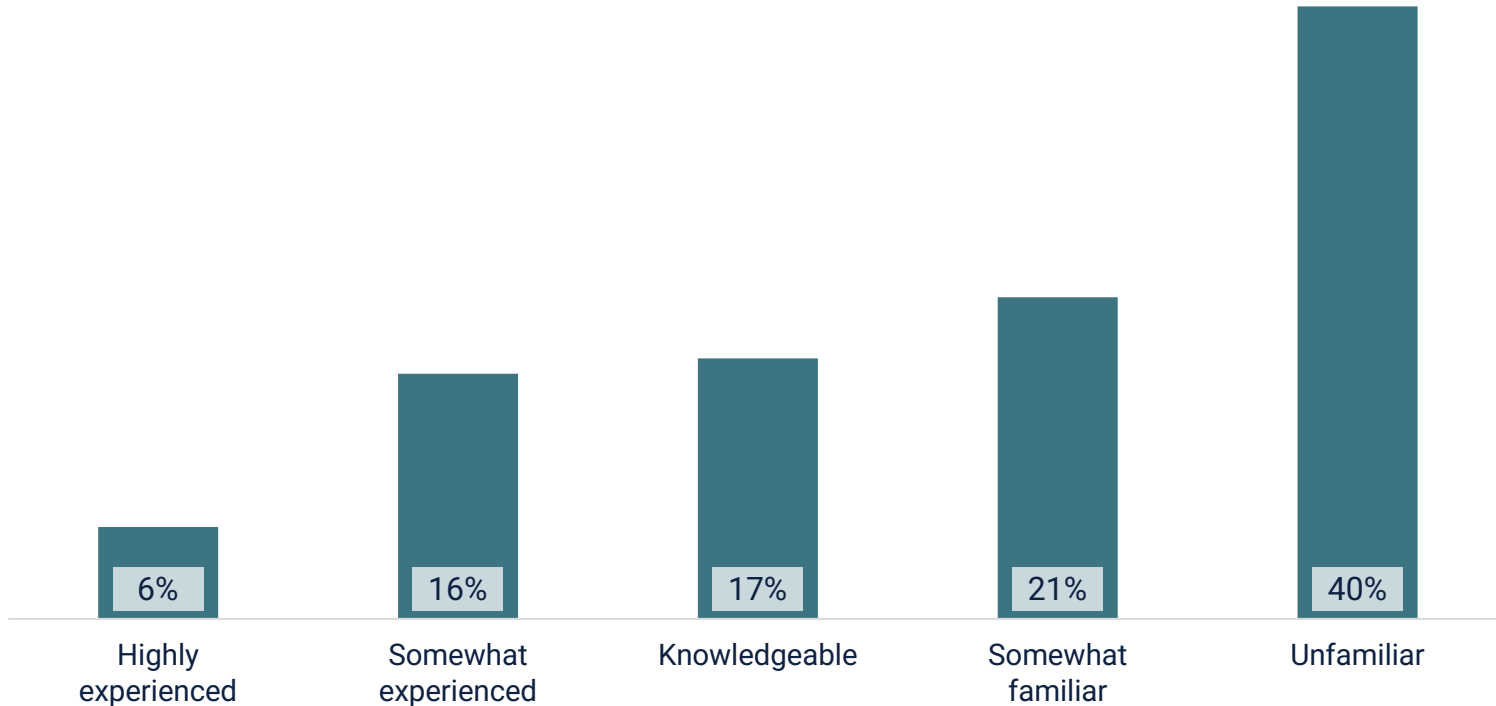
IAM and centralized logging are important solutions deployed by 68% and 52%, respectively.

Summary Results | June 2023

PULSE REPORT

GATEPOINT RESEARCH

What is your level of experience with SIEM?

8%	18%	15%	21%	38%
Highly experienced	Somewhat experienced	Knowledgeable	Somewhat familiar	Unfamiliar

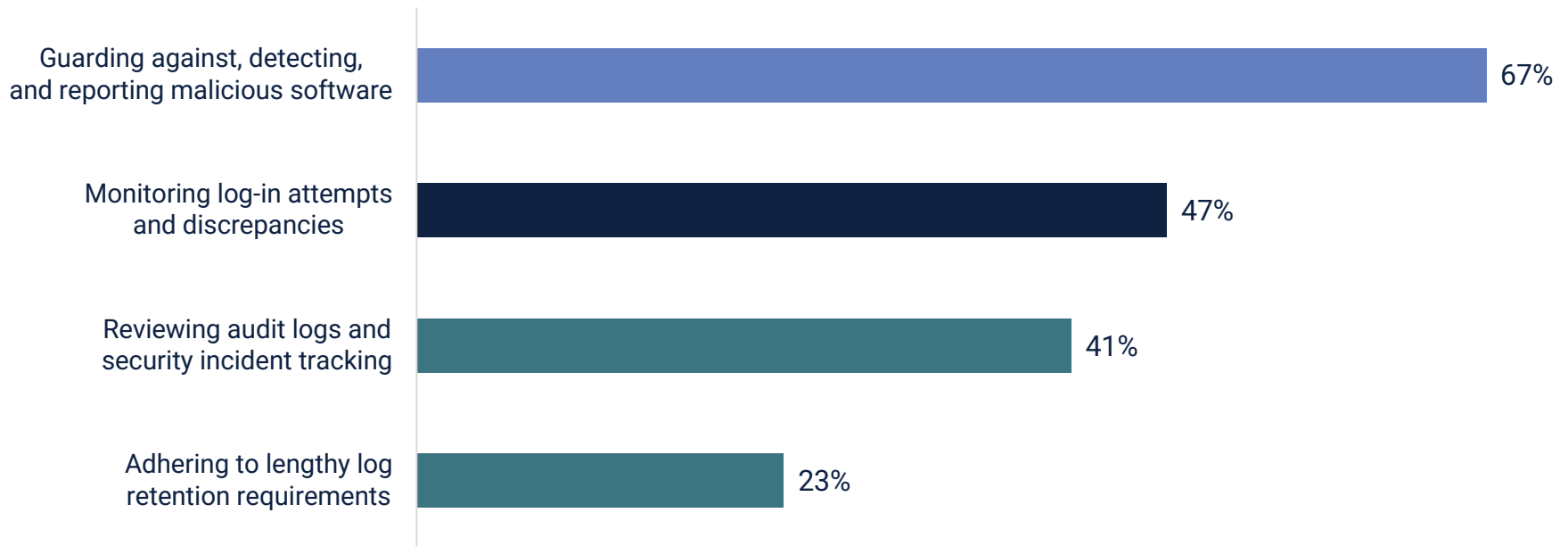*The experience level respondents have with SIEM is varied, but most are only somewhat familiar or completely unfamiliar.*

Summary Results | June 2023

PULSE REPORT

GATEPOINT RESEARCH

What is your level of experience with XDR?

Highly experienced	Somewhat experienced	Knowledgeable	Somewhat familiar	Unfamiliar
6%	16%	17%	21%	40%

XDR is also not well understood by most of those surveyed.

Summary Results | June 2023

PULSE REPORT
GATEPOINT RESEARCH

Which aspects of HIPAA compliance concern you the most?

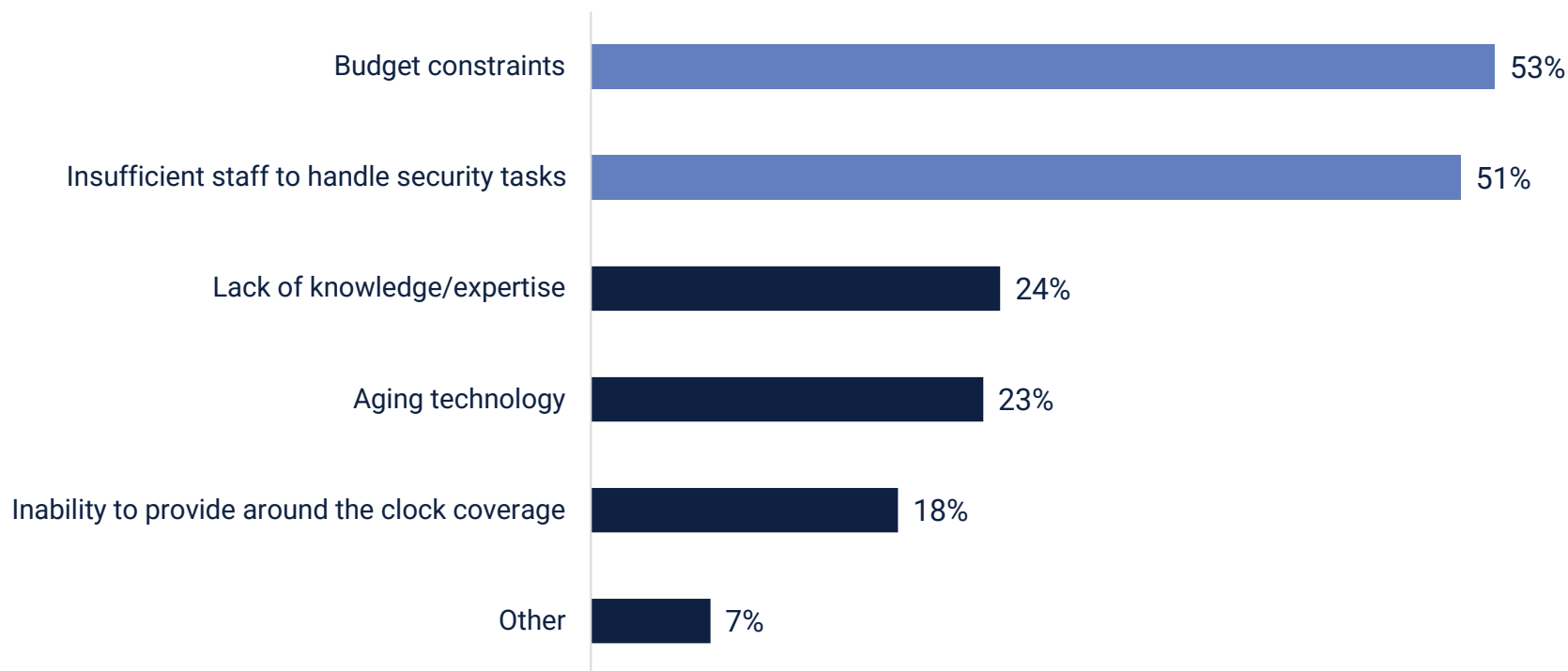|	
Guarding against, detecting, and reporting malicious software	67%
Monitoring log-in attempts and discrepancies	47%
Reviewing audit logs and security incident tracking	41%
Adhering to lengthy log retention requirements	23%

On more familiar ground, respondents have firm opinions about how complying with HIPAA worries them. More than two thirds agree malicious software protection is at the top of the list. Concerns about fraudulent logins captures the attention of 47%, and reviewing and retaining logs and tracking incidents concerns 64%.

Summary Results | June 2023

PULSE REPORT
GATEPOINT RESEARCH

What additional compliance standards or insurance frameworks are you looking to meet?

Rising far above other standards or frameworks, complying with the standards and best practices of their cybersecurity insurers has become a necessity for 79% of respondents.


79%	33%	31%	6%	5%
Cyber Insurance	PCI	CIS Critical Security Controls	CMMC	Other

PULSE REPORT
GATEPOINT RESEARCH
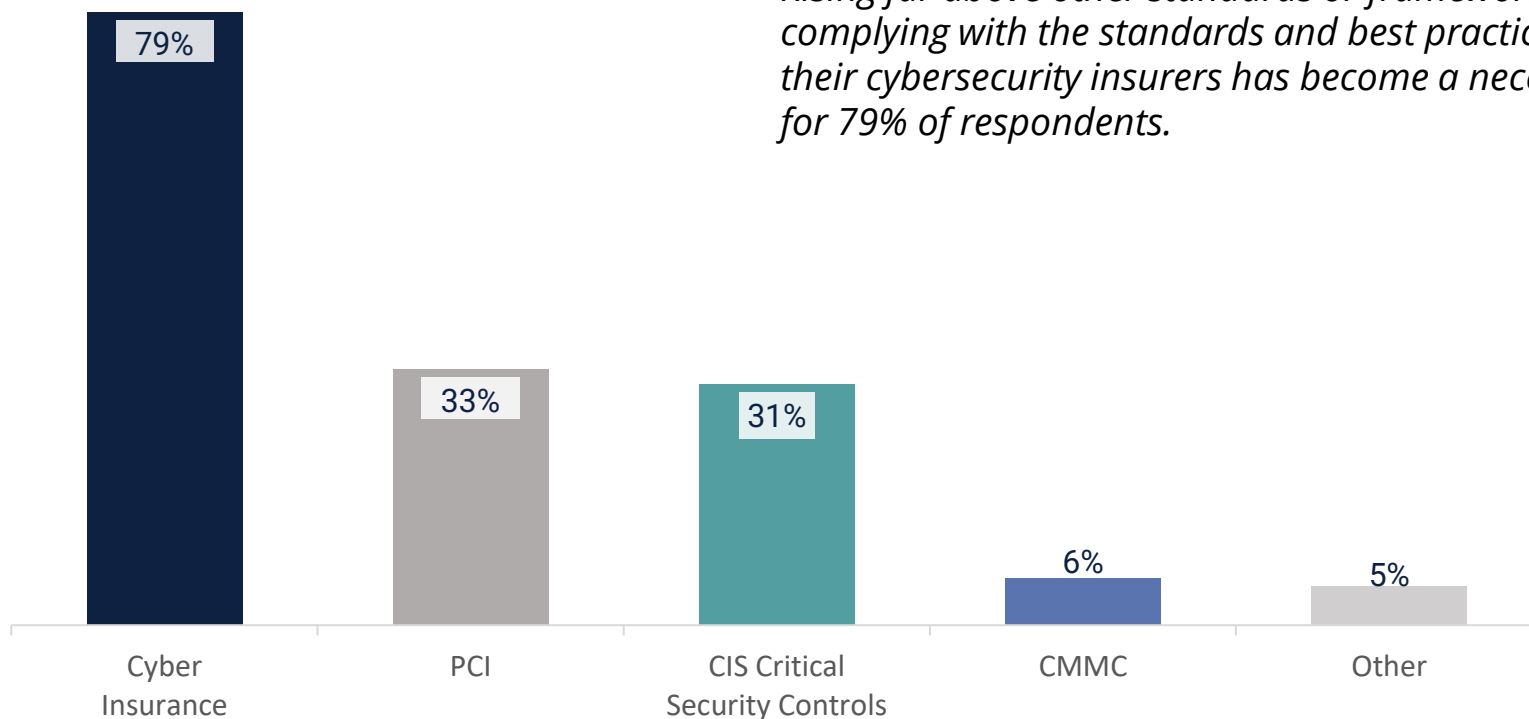
What does your IT Team find most challenging about managing cybersecurity?

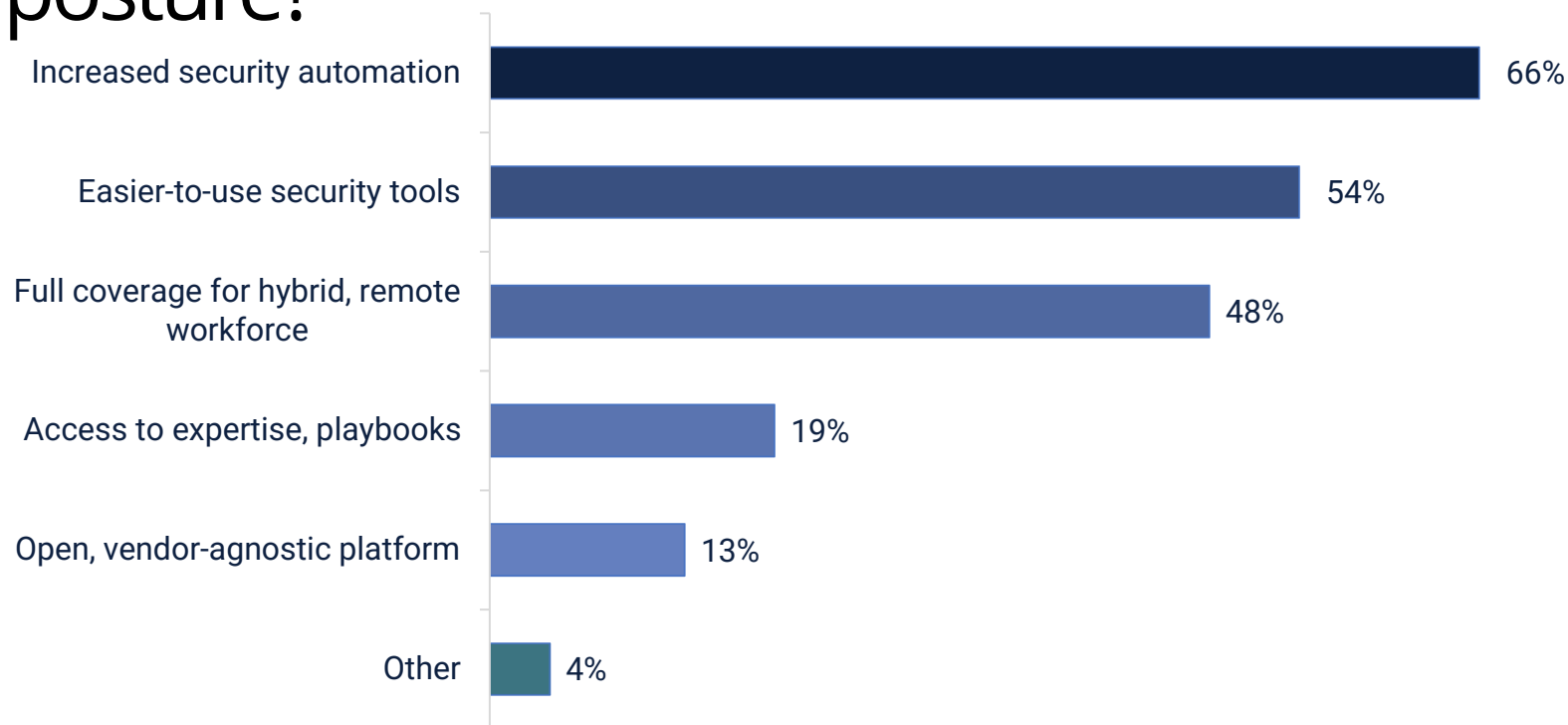| Challenge	Percentage
Budget constraints	53%
Insufficient staff to handle security tasks	51%
Lack of knowledge/expertise	24%
Aging technology	23%
Inability to provide around the clock coverage	18%
Other	7%

The top two problems of managing cybersecurity are related. Budget constraints, cited by 53%, can be one of the root causes of staff shortages assigned to handling cybersecurity (51%).

Summary Results | June 2023

PULSE REPORT

GATEPOINT RESEARCH

Do you have full visibility into all the endpoints outside your on-premise network?

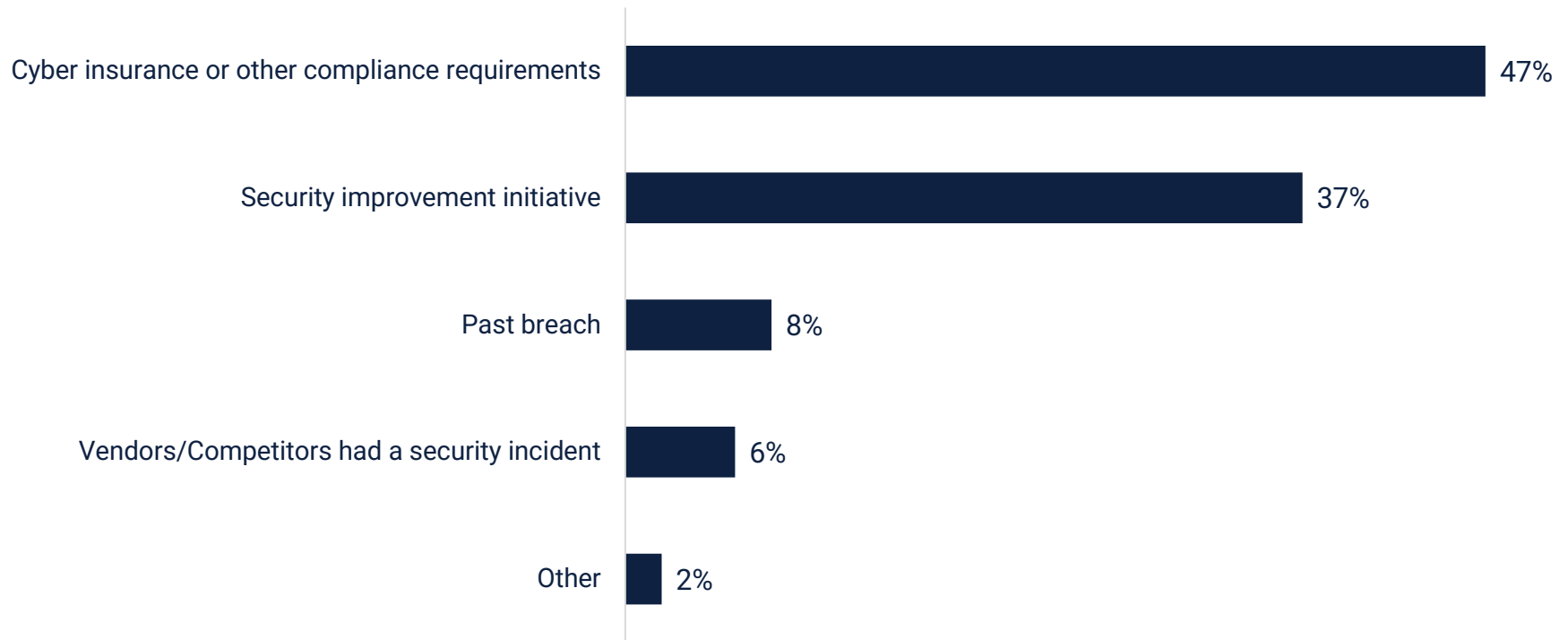*Endpoint visibility is blurry, incomplete, or unknown for 55% of those surveyed.*

Not sure 26%

Yes 45%

No 29%

PULSE REPORT
GATEPOINT RESEARCH
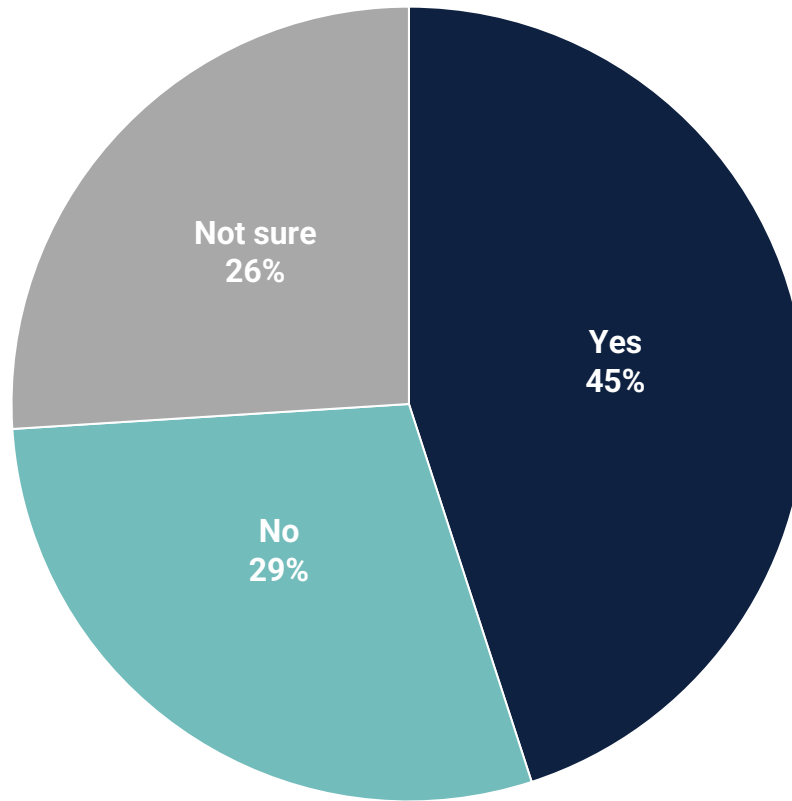
What capabilities do you need to add to feel more confident in your cybersecurity posture?

Capability	Percentage
Increased security automation	66%
Easier-to-use security tools	54%
Full coverage for hybrid, remote workforce	48%
Access to expertise, playbooks	19%
Open, vendor-agnostic platform	13%
Other	4%

On their cybersecurity protection wish list two thirds of respondents say automation would help them sleep better at night. 54% wish security tools were more user-friendly, and 48% would prefer to have complete coverage for their hybrid or remote workforce.

Summary Results | June 2023

PULSE REPORT

GATEPOINT RESEARCH

What would be your primary driver for improving security posture?

| Driver	Percentage
Cyber insurance or other compliance requirements	47%
Security improvement initiative	37%
Past breach	8%
Vendors/Competitors had a security incident	6%
Other	2%

Cybersecurity insurers' and other compliancy requirements are driving respondents to up their security game, say 47%, while others (37%) are already engaged in improvement initiatives.

Summary Results | June 2023

PULSE REPORT
GATEPOINT RESEARCH

JOB LEVEL

91% of respondents to this survey hold executive or director-level positions in their organization.

Sr. Manager 9%

CxO 56%

Director 28%

VP 7%

PULSE REPORT
GATEPOINT RESEARCH
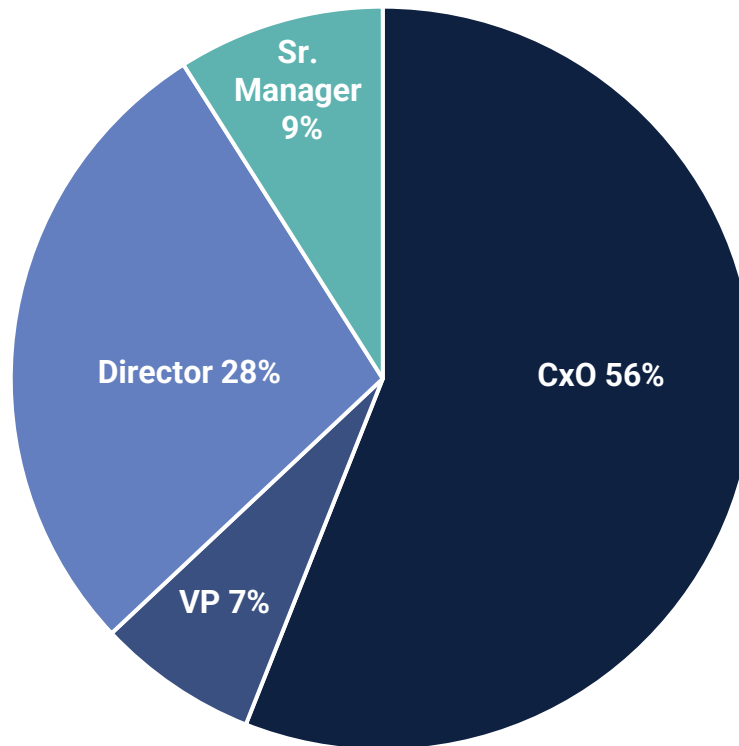
Blumira

About the Company

Blumira offers a security platform designed for teams with limited resources that helps prevent ransomware and breaches and provides guided security response playbooks. It also satisfies HIPAA compliance requirements for logging and cyber insurance requirements for logging and threat detection & response.

Learn more at blumira.com

PULSE REPORT
GATEPOINT RESEARCH